Prevalence of CAM Use

CAM use overall, by type and modality (Data by modality not shown if sample size is small)

**Overall CAM Use**
- V1: Prevalence of CAM use, including vitamins/minerals
- V2: Prevalence of CAM use, excluding multivitamins/minerals
- V3: Prevalence of CAM use, excluding all vitamins/minerals

**Group A1: CAM services (requires a CAM practitioner)**
- One or more CAM services
- Acupuncture
- Ayurveda
- Biologically-based therapies
- Chelation
- Chiropractic/Osteopathic manipulation
- Craniosacral therapy
- Energy healing therapy
- Hypnosis
- Massage therapy
- Movement or exercise techniques
  - Feldenkrais
  - Alexander technique
  - Pilates
  - Trager psychophysical integration
- Naturopathy
- Traditional Healers:
  - One or more traditional healers
  - Native American Healer/Medicine Man
  - Shaman
  - Carunbero, Machi, or Parchero
  - Yerbero or Hierbista
  - Sobador
  - Huéter

**Group A2: CAM products (used independently or with practitioner guidance)**
- One or more CAM products
- Herbal or other non-vitamin supplements
- Homeopathic treatment
- Special diets used for 2 weeks or more for health reasons:
  - One or more special diets
    - Vegetarian
    - Macrobiotic
    - Atkins
    - Ornish
- Vitamin or mineral supplements

**Group A3: CAM practices (does not require a CAM practitioner)**
- One or more CAM practices
- Meditation: Mantra, Mindfulness, Spiritual
- Guided imagery
- Progressive relaxation
- Movement or exercise techniques:
  - One or more exercise therapies
    - Feldenkrais
    - Alexander technique
    - Pilates
    - Trager psychophysical integration
- Special diets used for 2 weeks or more for health reason:
  - One or more special diets
    - Vegetarian
    - Macrobiotic
    - Atkins
    - Ornish
- Yoga
- Tai chi
- Qi gong

**Group B1: Alternative medical system/Energy healing therapy**
- One or more alternative medical systems and/or energy healing therapies
- Acupuncture
- Ayurveda
- Energy healing therapy
- Homeopathic treatment
- Naturopathy
- Traditional Healers:
  - One or more traditional healers
  - Native American Healer/Medicine Man
  - Shaman
  - Carunbero, Machi, or Parchero
  - Yerbero or Hierbista
  - Sobador
  - Huéter

**Group B2: Biologically-based therapies**
- One or more biologically-based therapies
- Chelation
- Herbal or other non-vitamin supplements
- Special diets used for 2 weeks or more for health reason:
  - One or more special diets
    - Vegetarian
    - Macrobiotic
    - Atkins
    - Ornish
    - Yoga
- Tai chi
- Qi gong

**Group B3: Manipulative and body-based therapies**
- One or more manipulative and body-based therapies
- Chiropractic/Osteopathic manipulation
- Craniosacral therapy
- Massage therapy
- Movement or exercise techniques:
  - One or more movement or exercise techniques
    - Feldenkrais
    - Alexander technique
    - Pilates
    - Trager psychophysical integration

**Group B4: Mind-body therapies**
- One or more mind-body therapies
- Biofeedback
- Hypnosis
- Meditation: Mantra, Mindfulness, Spiritual
- Guided imagery
- Progressive relaxation
- Yoga
- Tai chi
- Qi gong

* 33 CAM modalities excluding vitamins and minerals

- Children who used one or more CAM modalities
- Among CAM users, children who used two or more CAM modalities in the past 12 months
- Children who saw a CAM practitioner/provider/instructor in the past 12 months
- Number of times the child visited a CAM practitioner/provider/instructor in the past 12 months